

# JOHARI WINDOW QUESTIONNAIRE

## Self Analysis

Please read through the behaviours given below and mark yourself on a scale of 1 to 10 depending on which value you think best reflects your character.

A value of 10 would reflect the behaviour described as being extremely characteristic, 5 as being somewhat characteristic and 1 as being uncharacteristic.

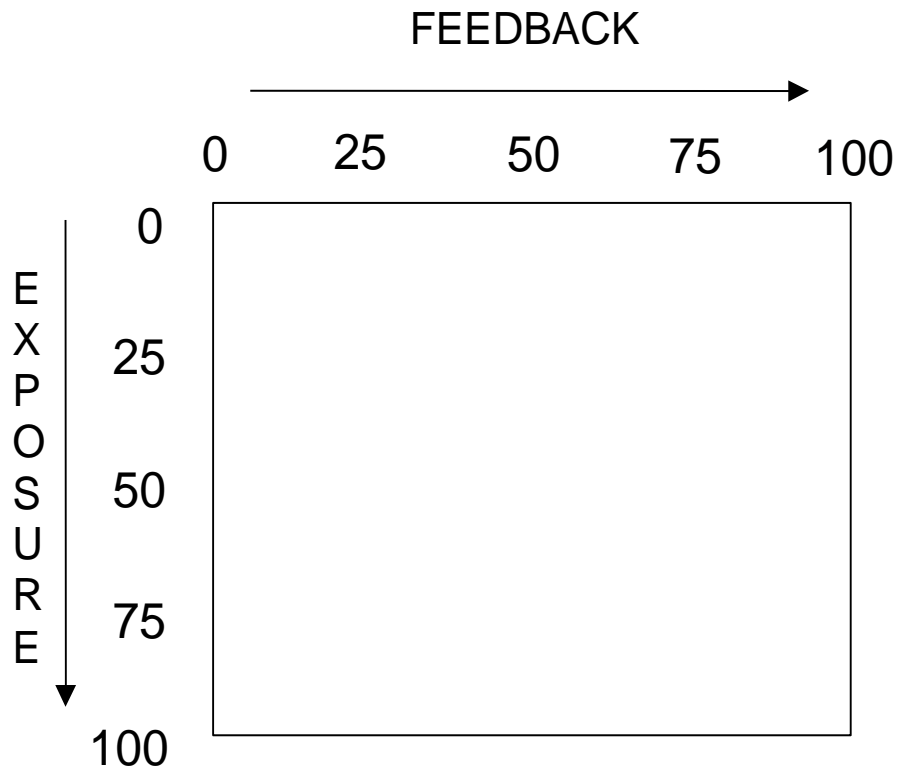
1.	Open and candid in dealings with others	
2.	Respect and accept others' comments/reactions	
3.	Tests for agreement rather than assumes it	
4.	Freely admits when confused or lacking knowledge	
5.	Keen to reveal own position on issues	
6.	Takes initiative in asking for others' views	
7.	Open in describing feelings about others' actions	
8.	Makes relevant/pertinent contributions to issues	
9.	Tries hard to understand the feelings of others	
10.	Encourages feedback on own ideas and actions	
11.	Openly affectionate in relationships with people	
12.	Participative and supportive in group work	
13.	Risks exposing personal information and emotions	
14.	Welcomes others' attempts to help even if critical	
15.	Tries to influence and control activities of others	
16.	Reluctant to let matters drop, presses for more	
17.	Displays hostility and anger when annoyed	
18.	Encourages collaboration in problem solving	
19.	Spontaneous in speech and expression	
20.	Helps those in difficulties with expressing themselves	

# JOHARI WINDOW ASSESSMENT

## Summary Sheet

Now take the mark you have given in response to each question on behaviour and enter it in the exposure or feedback column as indicated, then plot your arena area on the graph given below.

Exposure	Feedback
1.	2.
3.	4.
5.	6.
7.	8.
9.	10.
11.	12.
13.	14.
15.	16.
17.	18.
19.	20.
Total	Total



# THE JOHARI WINDOW

